

## Kanaykin Takes Down World Record At Challenge Final

Saransk, Russia, Sept. 29—In the final race of the IAAF's Racewalk Challenge Series, Russia's Vladimir Kanaykin erased Jefferson Perez's World 20 Km record with a 1:17:16 effort. Walking by himself over the final stages, following disqualifications of three of his countrymen, the 22-year old chopped 5 seconds from the record Perez set in 2003. Australia's Luke Adams was a distant second in 1:21:01 with Russia's Vladimir Stankin third in 1:21:26.

Russia's Olga Kaniskina, also just 22 and winner of the World Championship in Osaka four weeks ago, was nearly as dominant as she won the women's race is 1:26:47, 73 seconds ahead of countrywoman Anisya Kornikova. The winners were helped by the thousands of spectators two and three deep along much of the 2 Km loop.

The downside to this final race of the series was the absence of many competitors from outside Russia. Francisco Fernandez had planned to compete, but ran into visa problems and could not get into the country, a plight that apparently befell others. As a result, only five of the 24 female competitors and four of the thirty-five male competitors were from outside Russia.

In near perfect weather conditions, Kanaykin went through the first 5 Km in 19:25 with an 8 second lead. He was soon joined by his compatriots Valeriy Borchin, Igor Yerokhin, and junior champion Sergey Morozov. As the pace quickened, the foursome passed 10 Km in 38:28. At that point, Adams was more than a minute back (40:05) and another expected challenger, Norway's Erik Tysse, was struggling with a hip injury sustained in Osaka, which soon put him on the sidelines.

Yerokhin was pulled before they finished another lap. Morozov, in his 20 Km debut, hung on through that lap, but then got his third red card. Borchin was dropping away by the time they hit 16 Km and by 18 km was nearly a minute-and-a-half back. Then he too was pulled by the judges. Kanaykin stormed through to the finish and looked like he still had more walking in him. "I realized with one lap to go I could break the world record, but my coach warned me about being dq'd", said the winner. "It's amazing, and I can't really take it all in right now. I never thought I could break the record. The course was impressive, but not as much as the people cheering for me. I knew I had to walk hard for them—after all, most of them are neighbors."

His coach, Victor Gegin said, "This was never expected. It's beyond my dreams. But he is a wonderful athlete. He can walk 50 Km, 20, any distance you want—and has the capability to win them all."

Kanaykin had shown his potential at this distance with his win at the Russian Championships in June with a 1:17:36, a few weeks after he won the European Cup 50 Km in 3:40:57. However, he had failed to finish in the World Championship 50 in Osaka.

In the women's race, Kaniskina had company for 16 Km, and then shook off final challenger Arisya Kornikova to come home just 44 seconds outside her personal best. Kornikova, only 17, kept up the chase and was rewarded a sparkling 1:28:00 in her 20 Km

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debut. Kaniskina and Kornikova had gone through the first 10 in 43:18, 24 seconds ahead of Lyudmila Arkhipova, who finished fourth behind Tatyana Korotkova (43:46 at 10). Korotkova finished in a season's best 1:28:46. Sabine Zimmer seventh and Athina Papayianni in eighth were the first non-Russian finishers.

Kaniskina commented, "The race was more difficult than the World Championships because there was more responsibility to perform for my coach and the people here. The weather was not a problem, but I was not concerned about a personal best. It's also too early to worry about Beijing."

With the sparse number of athletes that came from outside Russia, the IAAF might want to reconsider the at the tail end of the season following the major competition of the year (the World Championships).

The results:

**Women's 20 Km:** 1. Olga Kaniskina, Russia 1:26:47 (43:16 at 10) 2. Anisya Kornikova, Russia 1:28:00 (43:18) 3. Tatyana Korotkova, Russia 1:28:46 (43:46) 4. Lyudmila Arkhipova, Russia 1:29:20 (43:42) 5. Tatyana Sibileva, Russia 1:29:53 (44:06) 6. Olga Mikharlova, Russia 1:31:46 (46:46) 7. Sabine Zimmer, Germany 1:32:19 (45:55) 8. Athina Papahyianni, Greece 1:32:34 (46:01) 9. Vera Sikolova, Russia 1:32:56 10. Larisa Yemelyanova, Russia 1:34:34 11. Claudia Stef, Romania 1:35:14 12. Svetlana Solovyova, Russia 1:37:36 13. Irina Yezhova, Russia 1:38:14 14. Natalya Rymar, Russia 1:39:53 15. Anna Korobova, Russia 1:42:26 DQ—Elena Ginko, Belarus and Lilya Gimatdinova, Russia DNF—Tatyana Shemyakina, Russia; Kjersti Platzer, Norway 11. Natalya Shvirryeva, Russia, Olga Holodkov a; Lina Bikulova, Russia, and Irina Stankins, Russia

**Men's 20 Km:** 1. Vladimir Kanaykin, Russia 1:17:16 (38:28) 2. Luke Adams, Australia 1:21:01 (40:06) 3. Vladimir Stankin, Russia 1:21:26 (40:10) 4. Sergey Sergachev, Russia 1:21:58 (41:07) 5. Aleksandr Prokhorov, Russia 1:22:13 (41:07) 6. Ivan Trotskiy, Belarus 1:23:13 (41:07) 7. Anatoliy Kukushkin, Russia 1:23:38 (42:07) 8. Aleksandr Yargunkin, Russia 1:24:49 (42:07) 9. Konstantin Maksimov, Russia 1:25:28 10. Sergey Korepanov, Kazakhstan 1:25:48 11. Semen Lovkin, Russia 1:26:18 12. Sergey Melentyev, Russia 1:27:03 13. Andrey Makolov, Russia 1:27:28 14. Aleksandr Kyulyaskin, Russia 1:28:07 15. Ivan Zhbanov, Russia 1:29:33 (21 finishers, the last 6 all Russian. (5 DQ, 8 DNF, all Russian)

## October A Month For Nationals

October saw national titles decided at three distances—5 Km, 1 Hour, and 30 Km. First up was the 5 Km in Kingsport, Tennessee. In the absence of the country's most elite racewalkers, the races seemed to be mostly a dual between those under 20 and those 40 and older. 17-year-old Ricardo Vergara took full advantage of the situation (which included brother Roberto resting in Texas) to record his first Senior national title, most likely the youngest ever to do so. Leaving the rest of the field early, Ricardo finished in 23:43, 32 seconds ahead of 48-year-old Ian Whatley.

In the women's race, 30-year-old Sam Cohen and Jolene Moore went at it, with Cohen edging away for a well-earned victory in 23:39, 16 seconds up on Moore, age 41.

Whatley, who knows a bit about walking at an elite level, commented: "After less than 1 Km, Ricardo just started to walk away from us. It wasn't a sudden surge. He just went a little bit faster than us. And try as I might, I just could not close the gap and get back with. Psychologically, for a relatively young walker to do that is very difficult. It takes a lot of confidence. It showed a lot of maturity. He had a very nice form—very legal, very efficient. And he was very fit, unfortunately for me. That's the future of U.S. walking, he did very well today. And, it was good to see Sam Cohen and Jolene Moore showing excellent leg speed that bodes well for their winter prep and the Olympic Trials. Also worth mentioning is the emergence of Diana Rado (third) and a fine crew of walkers in a club program in the Philadelphia area.

And a week later, Rado was third again at the National 1 Hour in Waltham, Mass, this time behind Teresa Vaill and Maria Michta, but just 100 meters behind Michta. The 44-year-old Vaill covered 12,501 meters, after hitting 10 Km 47:41. She not only beat Michta handily, but also outdistanced all the men, as 51-year-old Mark Green won that race with 12,225 meters. Green got away from Mike Kazmierczak (20) in the final laps. After leading by just 8 seconds at 10 Km (48:56), he stretched that lead to 131 meters ahead at the finish. Third was Roberto Vergara, who was closing up on Kazmierczak at the end. This week, Ricardo stayed at home.

## Boyles in impressive debut

Two weeks after that race, the National 30 Km was held in Hauppauge, N.Y., along with Junior Nationals at 20 Km, a women's 20, and a 50 for those who wanted to continue on from 30. In the 30s, Teresa Vaill won the women's title with an impressive 2:32:56, nearly 8 minutes ahead of Jolene Moore with Maria Michta third as all three debuted at the distance. Matt Boyles won the men's race (following three guest competitors from Ecuador) in 2:32:17, but continued on to 50 with a sparkling 4:17:14 in his first try at the distance; actually in our memory his first race at any distance over 20 Km. In the process, he overtook Ecuador's David Guevera Castillo who led him by nearly 9 minutes at 30. Ecuador's Pacheco Zapata won the 50 in 4:04:26. Particularly impressive was Boyles' staying power in his first race at the distance as he slowed only slightly over that final 20 (1:44:57)

Second in the 30 was Yariv Pomeranz in 2:38:41, a minute-and-a-half ahead of Mark Green, who had a good two weeks at age 51. Pomeranz, now 32, and a great prospect in the middle '90s, walked a 50 in 4:40:22 in 1998. He failed to finish in the National 50 a year later and hasn't been heard of, at least in these quarters, since. He also went on to 50, and although he struggled home, finished in a personal record 4:39:53.

In the Junior women's race, Diana Rado and Lauren Forgues made impressive debuts at the distance, with Rado winning in 1:51:43. Results of the three Nationals and of other races at Hauppauge:

**National 5 Km, Kingsport, Tenn., Oct. 6: Women—**1. Sam Cohen 23:39 2. Jolene Moore (41) 23:55 3. Diana Rado (18) 26:09 4. Susan Randall 26:25 5. Marcia Butsche-Rutledge (46) 26:28 6. Amanda Johnson (19) 26:59 7. Solomiya Login 27:29 8. Catherine Davis (16) 27:48 9. Lynn Tracy (55) 28:00 10. Pamela Alva (18) 28:09 11. Debbie Topham (55) 28:16 12. Melissa Moeller (17) 28:21 13. Marianne Martino (57) 28:46 14. Teresa Aragon (46) 28:48 15. Rebecca Garson (43) 28:54 16. Jamie Brooks 19:25 17. Barbara Amador (58) 29:20 18. Patty Gerhke (43) 29:30 19. Darla Yoerg (40) 19:37 20. Panseluta Geer (60) 30:08 21. Joyce Prohaska (57) 30:28 22. Cathy Mayfield 30:31 23. Sanda Lawson 30:53 24. Donna Cope 31:30 25. Keara Lenard (12) 31:39 26. Elton Richardson (68) 32:02 28. Rita Sinkovec (68) 32:32 29. Kathy Fields (62) 32:36 29. Kathy Frable (62) 32:36 31. Lori Holcomb (41) 33:17 32.



Katherine Fincher (49) 33:20 33. Darlene Backlund (62) 33:39 34. Walda Tichy (67) 34:01 35. Elizabeth Main (56) 34:46 36. Sandy Hults (65) 35:18 37. Josie Goodwin (13) 35:47 38. Lauren Hill 35:48 39. Essie Faria (72) 36:32 40. Joyce Curtis (69) 37:02 41. Miriam Gordon (82) 39:30 42. Millie Prihoda (75) 39:40 43. Ruth Ketron (77) 40:03 44. Marcia Shafmaster (76) 42:27 45. Sandra Vance (42) 49:01 **Men**—1. Ricardo Vergara (17) 23:43 2. Ian Whatley (46) 24:15 3. Drew Swonder (43) 25:16 4. Doug Johnson (47) 25:42 5. Julio Alva (17) 25:45 6. Andrew Smith (58) 26:23 7. Leon Jasionowski (63) 26:25 8. Damon Clements (50) 26:33 9. Norm Frable (62) 26:43 10. Max Walker (61) 27:29 11. Bill Reed (55) 27:36 12. Michael Blanchard (46) 27:49 13. Tony Hackner (57) 27:53 14. Rod Craig (49) 27:54 15. Dan Pierce (51) 28:18 16. John Fredericks (49) 29:09 17. Martin Moeller (47) 29:28 18. Paul Johnson (70) 29:33 19. Jerry Goodwin (51) 30:17 20. Peter Armstrong (62) 30:33 21. Philip Rogosheske (63) 31:08 22. Arthur Knight (61) 31:10 23. John Backlund (67) 32:18 24. Marshall Sanders (66) 32:36 25. Jack Starr (79) 32:58 26. Ray Everson (72) 33:00 27. Alfred DuBois (75) 33:09 28. Bruce Booth (59) 34:46 29. Robert Fine (76) 36:32 30. Don McMahl (71) 36:38 31. David Moebs (65) 37:20

**National 1 Hour, Waltham, Mass., Oct. 14: Women**—1. Teresa Vaill (44), Walk USA 12,501 meters (47:41 at 10 Km) 2. Maria Michta, Walk USA 11,356 (52:45) 3. Diana Rado (19) SE Penn. AC 11,254 (53:27) 4. Lauren Forgues, Maine RW 11,249 (53:38) 5. Sdolomiya (27) SE Penn AC 11,031 (54:29) 6. Marcia Gutsche-Rutledge (46) New England Walkers 10,706 (55:54) 7. Joanne LaMontagne, Canada 10,301 8. Tori Cooper, Cambridge, Mass. 10,260 9. Panseluta Geer (61), Shore AC 9593 11. Itzia Garcia (44), Jamaica Plain, Mass. 9151 12. Ginger Armstrong (45), Conn. RW 9084 13. Kathy Frable (62), Ivins, Utah 9007 14. Patricia Godfrey (61), Cambridge Sports Union 8533 15. Lorrie Wilkes (57), NE Walkers 6350 DNF—Loretta Schullein, Walk USA DQ—Holly Wenninger (43, Cambridge Sports Union and Pamela Alva (18), SE Penn AC **Men**—1. Mark Green (51) Pegasus AC 12,225 (48:56) 2. Mike Kazmierczak, U. Of Rhode Island 12,094 (48:04) 3. Roberto Vergara (17), South Texas WC 11,917 (50:26) 4. Dave McGovern (42), Varsano's Chocolates 11,623 (51:35) 5. Matthew Forgues (15), Maine RW 11,515 (52:30) 6. Ian Whatley (48), Varsano's Chocolates 11,503 (52:34) 7. Julio Alva, SE Penn AC 11,240 (53:12) 8. Leon Jasionowski (63), Pegasus AC 11,039 (54:30) 9. Norm Frable (62), Pegasus AC 10,960 (54:50) 10. Bob Keating (60), NE Walkers 10,718 (55:55) 11. Andrew Smith (58), Whittier, NC 10,694 (56:01) 12. Bill Reed (55), Pegasus AC 10,629 (56:33) 13. Richard McElvery (50), NE Walkers 10,569 (56:43) 14. Rod Craig (49), Pegasus AC 10,351 (57:54) 15. Paul Johnson (70), Florida AC 10,250 (58:34) 16. Bob Ullman (58) NE Walkers 10,124 (59:17) 17. Bill Vayo (43), Walk USA 10,086 (59:39) 18. Tom Knatt, NE Walkers 9108 19. Jack Starr, Florida AC (79) 9054 20. Mark Fenton (46, Varsano's Chocolates 8503 DQ—Bill McCann (78), NE Walkers and Larry Epstein (48), NE Walkers Teams: 1. Pegasus AC 34,334 meters 2. Varsano's Chocolates 31,629 3. New England Walkers 31,411

**National 30 Km, Hauppauge, N.Y., Oct. 28: Men**—Guests Xavier Moreno Cruz, Ecuador 2:21:54, David Guevera Castillo 2:23:26, Pacheco Zapata 2:23:29. 1. Matt Boyles, Miami Valley TC 2:32:17 2. Yariv Pomeranz, New York City 2:38:41 3. Mark Green (51), Pegasus AC 2:40:10 4. John Soucheck (42), Shore AC 2:43:17 5. Richard Luettchau, Shore AC 2:48:02 6. Ian Whatley (48), Varsano's Chocolates 2:51:20 7. Michael Bartholomew, Walk USA 2:51:39 8. Steve Pecinovsky (52), Varsano's Coc. 2:56:53 9. Leon Jasionowski (63), Pegasus 10. Dave McGovern (42), Varsano's Choc. 3:05:22 11. Bill Reed (55), Pegasus 3:05:22 12. Bob Keating (60), New England Walkers 3:10:15 13. Tom Quatocchi (56) Shore AC 3:17:21 14. Robert Mullen (60), Park RW 3:21:05 18. Bruce Logan (42), Park RW 3:24:04 17. John Backlund (67), RW Northwest 3:28:59 18. David Daubert (62), Twin Cities RW 3:30:37 19.

James McGrath (70), Walk USA 4:01:14 DNF—Michael Kazmierczak, Walk USA DQ—Edoardo Sorrenti (64), Park RW **Women**—1. Teresa Vaill (43), Walk USA 2:32:56 2. Jolene Moore (41), NYAC 2:40:33 3. Maria Michta, Walk USA 2:45:48 4. Susan Randall, Miami Valley TC 2:57:09 5. Erin Taylor, South Texas WC 3:03:54 6. Jennifer Marlborough 3:19:02 7. Karen Karavanic (44), Women Go the Distance 3:39:15 8. Annmarie Bruning (43), WGTD 3:44:20 9. Darlene Backlund (62), Racewalkers Northwest 10. Nan Bellerun (48), WGTD 3:55:32 11. Nicole Wessels, Walk USA 3:56:34 12. Michelle Barnett (43), Georgia 4:31:09

**National Jr. Women's 20 Km, same place**—1. Diana Rado (19), Southeast Penn AC 1:51:43 2. Lauren Forgues (19), Maine RW 1:53:38 **National Jr. Men's 20 Km, same place**—1. Ricky Sosulski (16), Walk USA 2:16:39 **Women's Open 20 Km, same place**—1. Solomiya Login, SE Penn AC 1:53:18 2. Laura Feller, Rochester, N.Y. 1:53:53 3. Eva Machuca, Warren, Ohio 2:07:23 **Open Men's 20 Km, same place**—1. Allan Segura Medina, Costa Rica 1:26:23 2. Luc Bussieres (49), Canada 2:04:56

### And, on with other results:

**10 Km, Groton, Mass., Oct. 21**—1. Brian Savilonis 52:34 2. Bob Ullman 62:36 3. Ed O'Rourke 71:19 4. Bill Harriman 71:29 5. Phil McGaw 73:11 6. Joanne Harriman 76:41 **5 Km, same place**—1. Tom Knatt 31:51 2. Bob Sebastyn 31:56 3. Richard Ruquist 31:59 4. Josef DellaGrotte 35:15 (10 finishers) **25 Km, New York City, Oct. 7**—1. Yariv Pomeranz 2:09:22 2. Dave McGovern 2:26:41 3. Mike Bartholomew 2:26:42 4. Lisa Marie Velluchi 2:38:00 5. Edoardo Sorrenti (62) 2:48:01 6. Bill Vayo (43) 2:49:11 7. Robert Mullen (60) 2:52:19 8. Vlado Haluska (55) 2:52:46 9. Bruce Lagan (42) 2:55:59 (18 finishers) **15 Km, same place**—1. Erin Taylor 1:34:23 **10 Km, same place**—1. Nina Yang (17) 63:51 2. Valerie Piro (16) 66:26 (6 finishers) **5 Km, same place**—1. Yi Deng (19) 30:33 (6 finishers) **2 Km, same place**—1. Kristgen Furseth-Mullane (47) 10:58 **5 Km, Casselberry, Florida, Sept. 15**—1. Juan Moscoso 30:19 2. Chuck McLughlin 32:25 3. Ray Jenkins 34:17 4. Bruce Carr 34:19 (6 finishers) **Women**—1. Cheryl Rellinger 27:39 2. Sandy DeNoon 34:47 (17 finishers) **5 Km, Orlando, Florida, Sept. 29**—1. Cheryl Rellinger 26:36 2. Janine Campbell 34:11 3. Renee Jones 34:20 (9 finishers) **Men**—1. Steve "Red" Renard 28:11 2. Juan Moscoso 28:28 3. Ray Jenkins 33:42 (6 finishers) **1 Hour, Oct. 21**—1. Juan Yahnes 9670 meters 2. Peter Bayer 8791 3. Bob Fine 8075 4. Sgterling Klinger 7984 5. Essie Faria 7930 (10 finishers) **Indiana 20 Km, Indianapolis, Oct. 20**—1. Kristen Furseth-Mullaney (47), Michigan 1:48:20 2. Max Walker (61) 1:56:21 3. Drew Swonder (43) 1:56:28 **Wisconsin Sr. Olympics 1500 meters, Milwaukee, Sept. 15**—1. Lynn Tracy (55) 7:48.35 2. Donna Janusheske (55) 11:27 (6 finishers, 3 DQ) **Men**—1. Ron Winkler (57) 9:19.99 2. Harley Grant (59) 9:47 3. Bill Baxter (76) 10:51 (4 finishers, 2 DQ) **50 Km, Kenosha, Wis., Oct. 14**—1. Stephen Quirke 4:30:24 2. Ben Shorey 4:33:29 DNF—Matt DeWitt (3:17:53 at 35 Km)—Good to see Quirke and Shorey back in action and doing Olympic Trials qualifiers. The two were together through 40 Km with 10 Km splits of 56:04, 54:22, 54:54, and 54:53. They stayed together for another 3 Km where Shorey had to stop to tie a shoe. Quirke had an impressive 50:11 split for the final 10, which brought him to a personal record performance. With both of these guys qualified, along with Boyles and Pomeranz, the 50 Km Olympic Trial in January is looking better. In August, I reported that only were qualified for the Trial and some of those might be doubtful starters. **20 Km same place**—1. Sam Cohen 1:38:50 2. Amber Antonia 1:38:50 3. Ali Bahr 1:55:16 4. Bill Hoskins (70) 2:17:59 A very good performance by Cohen and Antonia, starting conservatively and then walking negative splits of 25:14, 25:06, 24:35, and 23:55. Ali (Dewitt) Bahr is back in action after the birth of her third child last spring. **15 Km, same**

place-1. Le'erin Voss 1:23:10 2. Klaus Theidmann 1:27:03 **10 Km, same place**-1. Mark Sekelsky 57:36 2. Tiff Belongia 57:37 **20 Km, Minneapolis, Oct. 20**-1. Chris Tegmeir 1:35:39 (23:41, 47:46) 2. Jamie Burmeister 2:05:02 **10 Km, same place**-1. Dave Daubert (60+) 64:29 2. Anita Macias-Howard (50+) 64:30 **5 Km, same place**-1. Tom Stolee 27:02 **5 Km, Denver, Aug. 11**-1. Dan Pierce (51) 28:12 2. Victoria Herazo (48) 28:43 3. Lee Lehti 31:00 4. Sherrie Gossert (55) 31:28 **Rocky Mountain Senior Games, Greeley, Col.:** Women's 5 Km 55-59-1. Barbara Amador 31:14 2. Sherrie Gossert 31:54 Women 56-59-1. Rita Sinkovec 33:48 Men 65-59-1. Daryl Meyers 32:25 Wineb 55-59 1500 meters-1. Barbara Amador 8:43 2. Sherrie Gossert 9:03 Men 65-59-1. Daryl Meyers 9:11 **5 Km, Loveland, Col., Aug. 17**-1. Dan Pierce 28:36 2. Barbara Amador 30:47 **5 Km, Denver, Aug. 27**-1. Mike Blanchard (46) 28:24 2. J'Day Lecore (47) 30:51 3. Darla Young 31:14 4. Nancy Brett 32:11 **Rocky Mountain Games 3 Km, Ft. Collins, Sept. 1**-1. Barbara Amador 17:45 2. Darla Young 18:17 3. Rita Siniovec 19:46 **5 Km, Sheat Ridge, Col., Sept. 16**-1. Darla Yoerg 32:03 **Doc Tripp Memorial 10 Km, Broomfield, Col., Sept. 23**-1. Mike Blanchard 58:50 2. Barbara Amador 64:05 **5 Km, same place**-1. 30:46 2. Sherrie Gossert 31:45 3. Rita Sinkovec 33:55 **3 Km, Santa Barbara, Cal., Oct. 6**-1. Donna Cunningham (60+) 17:59 2. Sylvia Ellis (50+) 18:02 4. 3. Carol Bertine (60+) 18:39 7 **1 Hour, Kentfield, Cal., Aug. 19**-1. Rezak Gharfara 11,179 2. Jack Bray 9485 3. Ed Lane 8852 4. Ann lee 8682 5. Shirley Dockstader 8606 6. Dixie James 7915 (12 finishers) **20 Km, Oakland, Cal., Sept. 16**-1. Susan Armenta 1:52:02 2. Kelly Wong 2:00:15 3. Louise Walters 2:14:36 Men-1. Etel Soto, Mexico 1:34:50 2. Daniel Coupal (42) 1:57:52 3. Joe Berendt (52) 1:58:28 4. Bill Penner (61) 2:09:22 5. Alex Price 2:11:38 6. Ron Walters (69) 2:17:15 **5 Km, same place**-1. Nicolette Sorensen 27:46 2. Jaydeep Bhatia 29:38 (8 finishers) **10 Km, same place**-1. Tler Sorensen 51:28 2. Kevin Killingsworth (51) 55:45 (6 finishers) **1 Hour, banks, Oregon, Sept. 2**-1. Karen Karavanic (50+) 8899 meters 2. Judy Heller (60+) 8891 3. Nana Bellurud 8385 (50+) 4. Dora Choi (50+) 8251 (7 finishers) Men-1. Rob Frank (50=) 10,371 2. Stan Chraminski (50+) 10,051 3. George Opsahl (60+) 9934 **20 Km, Salem, Oregon, Sept. 16**-1. Stephanie Casey 1:45:16 2. Nana Bvellerud 2:26:21 (3 DNF) **Portland Marathon, Portland, Oregon, Oct. 7**-1. Alexis Davidson (52), Brooklyn 4:43:29 (4 finishers, 3 DQ) Women-1. Kathryn Grimes (43) 4:54:45 (8 finishers 2 DQ) **5 Miles, same place**-1. Rob Frank (55) 45:54 2. George Opsahl 47:36 3. Charles Robeson (60) 51:21 4. Doug VerMeer (53) 53:11 (10 finishers) Women-1. Maureen Robeson (55) 55:13 2. Donna Lafayette (65) 55:18 **2.8 Miles, Seattle, Sept. 8**-1. Ann Tuberg (47) 26:05

**World Military Championships, Hyderabad, India, Oct. 16**-1. Cui Zhide, China 1:23:43 2. Igor Trotskiy, Belarus 1:25:24 3. Matej Toth, Slovak Rep. 1:25:43 4. Lorenzo Civallero, Italy 1:25:45 5. Freddy Hernandez, Col. 1:29:05. . 9. John Nunn, USA 1:35:52 (10 finishers, 6 DNF, including Ilya Markov, Russia **Indian National 20 Km, Jamshadpur, Oct. 25**-1. Babubhai Panocho 1:23:40 (National Record) 2. P.S.Jaslan 1:26:55 3. Harvinder Singh 1:27:10 **50 Km, Sotckholm, Sweden, Oct. 7**-1. Tadas Suskevicius, Lithuania 3:57:48 2. Fredrik Swensson 4:06:03 3. Rikardas Rekst, Lith. 4:08:03

## The ORW Is Pleased To Inform You of These Upcoming Races

Sun. Nov. 4 5 Km, Fair Oaks, Cal. (P)  
5 Km, Littleton, Col., 9 am (H)  
5 Km, Metairie, La. (L)  
**National USATF Masters 20 Km, Clermont, Fla. (E)**

10 Km, Clinton, Conn., 10:30 am (K)  
Sat. Nov. 10 2.8 Miles, Seattle (C)  
5 and 10 Km, Minneapolis (V)  
5 Km, Weslaco, Texas (L)  
Sun. Nov. 11 5 Km, Boulder, Col., 9:30 am (H)  
Wed. Nov. 14 Indiana 1 Hour, Indianapolis (AA)  
Sat. Nov. 17 100 Miles, Dallas, Texas (L)  
5 Km, Brighton, Col., 8:30 am (H)  
5 Km, El Paso, Tex. (L)  
Sun. Nov. 18 Florida State 20 Km, Open 5, 10, and 20 Km, Plantation (Q)  
Thu. Nov. 22 Gobbler Hobbler 5 and 10 Km, Albuquerque, N.M. (T)  
Sat. Nov. 24 5 Km, Aurora, Col., 9 am (H)  
Sun. Nov. 25 1 Hour, Kentfield, Cal., 8 am (P)  
5 Km, New York City, 8:30 am (G)  
Sat. Dec. 8 5 Km, Florida Senior Games, Cape Coral (F)  
Sun. Dec. 9 1500 meters, Florida Senior Gaqmes, Cape Coral (F)  
Sun. Dec. 9 25 Km, New Orleans (L)  
5 Km, New York City, 8:30 am  
Sun. Dec. 16 5 Km, New York City, 8:30 am  
Sat. Dec. 29 Polar Bear 10 Km, Asbury Paqrk, N.J., 10 am (A)  
5 Km, Pharr, Texas (O)  
5 Km, Aurora, Col. 9 am (H)  
Sun. Jan. 6 National Women's and Masters 50 Km, also 5 and 20 Km, Houston (L)  
9 Km, New Orleans (L)  
Nov. And Dec. 1 Hour Walk Series, New Jersey, dates to be announced (A)

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E--Don DeNoon, National Training Center, [www.usantc.com](http://www.usantc.com), 352-241-7144, ext. 4206  
F--Bryan Campbell, 2930 Kerry Forest Parkway, Suite 101, Tallahassee, FL 32309  
G--Stella Cashman, 320 East 83rd St., New York, NY 10028  
H--Bob Carlson, 2261 Glencoe St., Denver CO 80207  
I--Mike DeWitt, [uwpcoach@yahoo.com](mailto:uwpcoach@yahoo.com)  
J--Art Klein, 324 Alta Vista, Santa Cruz, CA 95060  
K--Connecticut Racewalkers, 47 Broad Street, Guilford, CT 06437  
L--Dave Gwyn, 6502 Briar Bayou, Houston, TX 77072  
M--Vince Peters, 607 Omar Circle, Yellow Springs, OH 45387, 937-767-7424  
N--Florida Athletic Club, 3250 Lakeview Blvd., Delray Beach, FL 33445  
O--A.C. Jaime, [acjaine@sbcglobal.net](mailto:acjaine@sbcglobal.net)  
P--Jack Bray, Marin Racewalkers, P.O. Box 21, Kentfield, CA 94914  
Q--South Florida Walkers 3331 NW 22nd Street, Coconut Creek, FL 33066  
R--Southern Cal. Walkers Club, 358 W. California Blvd. #110, Pasadena, CA 91105  
S--Potomac Valley TC, 3140-D West Springs Drive, Ellicott City, MD 21043  
T--New Mexico Racewalkers, P.O. Box 16102, Albuquerque, NM 87191  
U--Gary Westerfield, [garyw@optonline.net](mailto:garyw@optonline.net)  
V--Bruce Leasure, [info@twincitiesracewalkers.org](mailto:info@twincitiesracewalkers.org)  
W--Hansey Rigni, [hrgney@sbcglobal.net](mailto:hrgney@sbcglobal.net)



X--Steve Vaitones, P.O. Box 1905, Brookline, MA 02446 (617-566-7600)  
 Y--Walkers Club of Los Angeles, 233 Winchester Avenue, Glendale, CA 91201  
 Z--Bobby Baker, RL Baker@chartertn.net  
 AA--Cheryl Sunman, [ianms@iquest.net](mailto:ianms@iquest.net)

## Adams and Turava 2007 IAAF Racewalking Challenges

Luke Adams, Australia, and Ryta Turava, Belarus, were named as winners of the 2007 IAAF Racewalking Challenge following the final of eight races at Saransk. To be ranked in the Final Standings, athletes had to compete in at least four of the eight Challenge meetings. For those competing in more than four races, their top four placings were scored. In the final standings, Adams finished ahead of Norway's Erik Tysse and Spain's Francisco Fernandez. Turava was followed in the women's standings by Kjersti Platzer, Norway, and Sabine Zimmer, Germany. Here are the final rankings:

### Men

1. Luke Adams, Australia 36 pts (6 races)
2. Erik Tysse, Norway 33 pts (7 races)
3. Francisco Fernandez, Spain 32 pts (4 races)
4. Hatem Ghoula, Tunisia 28 pts (5 races)
5. Eder Sanchez, Mexico 28 pts (4 races)
6. Jared Tallent, Australia 6 pts. (4 races)

### Women

1. Ryta Turava, Belarus 40 pts (4 races)
2. Kjersti Platzer, Norway 37 pts (6 races)
3. Sabine Zimmer, Germany 27 pts (5 races)
4. Elisa Rigaud, Italy 20 pts (4 races)
5. Ellena Ginko, Belarus 17 pts (6 races)
6. Claudia Stef, Romania 16 pts (4 races)
7. Jane Saville, Australia 13 pts (5 races)
8. Susana Feitor, Portugal 12 pts (4 races)
9. Ines Henriques, Portugal 12 pts. (4 races)

My Aussie correspondent, Bob Steadman, who spent many years in the U.S. and Canada--competing for the Canadians in a 1969 dual meet with the U.S.--will be remembered by long-time readers for his sharing of correspondence with T.S. Golumjab in Outer Mongolia over the course of several years. Now he has sent us a report he came across from an interstellar mission, which may be of interest to our readers.

## Extracts From Report To Planet Uranos Headquarters

From Planet Earth Expedition, Earth Year 2007

Our last expedition, in Earth year 1996, reported some interesting observations about the billions of human Earthlings.

- o They have four legs, two large and two small, and move mostly by "walking", in which they disengage the two smaller legs and use the long ones.
- o They are a very competitive people, and seem to enjoy races.
- o They also move using wheels, sometimes (by their standards) at great speeds.

o Our observers concluded that walking competitions would come naturally to Earthlings, but found no instance of a walking race..

A major purpose of the current expedition was to find evidence of walking races, which we believed would be common. A report on the races we observed follows.

1. Noise attracted us to a place where humans race in cars, which have four wheels. This reverses their walking habit, as they use their small legs rather than the long ones. With Earthlings' obsession with wheels, there should be no surprise that their space program is so backward.

2. We observed a field where humans were walking, but intermittently. After walking out of a cart, they hit a small white ball with a club, before returning intermittently to the cart, which they drive near to the ball. This continues, often for a long time, until the ball falls into a hole. This is repeated 18 in different times parts of the field until the humans reach a clubhouse. The walking is slow, and the frustration is great. The winner seems to be the person who walks least.

3. Some humans put horses under them before walking. As these horses use off four legs, they are much faster, even with humans on top. This seems to be an elite form of racing, exclusive to small humans with eating disorders. The races are brief and intermittent, and are attended by big men who receive, and occasionally pay back, large sums of money.

4. Our experts understand Earth language poorly, but interviewed an Earthling who claimed to have seen walking races, complete with old men with bad eyesight and red flags. As it takes four years each way to reach earth, we will have to wait at least eight Earth years to confirm this rumor.

## From Heel To Toe

**Deakes record.** Bob Steadman (see above) now gets his ORWs second hand from another Aussie, John McDougall, so he caught up on commenting on matters in back issues. He made reference to Nathan Deakes' world record race at 50 km late last year. "This turns the clock back 40 years to when specifically arranged record attempts were held. It was a great performance, but conforms only to the letter, not the spirit, of the law. I hope it will not lead to other countries organizing attempts on walking records, with selected sympathetic judges" Bob also noted: "I enjoyed the judging debate between Bob Bowman and Larry Young--a very fair walker, I thought--and found myself mostly on Larry's side.".. **An appeal for help.** A.C. Jaime has worked very hard, with the help of many others, to establish a wonderful racewalking program in South Texas. The great performances of the Rodriques brothers and the high participation in races in South Texas are testimony to that effort. Now, he wants to see that effort expanded nationwide. He writes: "We strongly believe that if we are to ever increase participation in our beautiful sport of Racewalking among the youth of our country, we must do so by reaching out to our children when they are in the third, fourth, and fifth grades. Out South Texas Walking Club has had some success in the apst by working with this age group and we wish to ask for your help in presenting a request for our school district to start a racewalking pilot program for all 6500 third through seventh grade students in our school district. Professor Tom Eastler of the U. Of Maine has suggested that we start teaching third, fourth, and fifth graders the first year and add the sixth graders the second, and the seventh graders the third year. Gary Westerfield of Long Island, our International Racewalking Judge, has suggested that we write a book on Racewalking specifically for this age group. Coach Diane Graham-Henry of Illinois might create a video of racewalking also specifically for this age group. We are sure that many of you could contribute to the success

of this pilot program that helpfully could later be started in other areas. Your ideas, suggestions, and recommendations would be greatly appreciated. How is the district to go about setting up such a program? What would be the benefit of this program? What would it cost the district? This and many other questions need to be answered. Your help will be greatly appreciated. Please communicate with me if you have any ideas and or recommendations or would simply like to volunteer." A.C. can be reached at 621 N. 10<sup>th</sup> Street, McAllen, TX 78501, 1-880-383-5733 (work), 1-866-787-4415 (home), 956-821-6659 (cell), [ACJaime@global.net](mailto:ACJaime@global.net). . . **Date and Times for 2008.** Here is the schedule for next year's World Cup of Racewalking in Cheboksary, Russia: Saturday, May 10–11 am Junior Men 10 Km; 12 noon Junior Women 10 Km; 1 pm Senior Men 20 Km. Sunday May 11–8 am Senior Men 50 Km; 1 pm Senior Women 20 Km. The World Junior T&F Championships will be held in Bydgoszcz, Poland from July 8-13, 2008. Qualifying standards for the 10 Km racewalks are 44:05 for men and 50:55 for women. . . **A bit of history.** In the results section of this month's issue, you will notice the Doc Tripp Memorial 10 Km in Broomfield, Colorado. Here is some history of that event, as described by Bob Carlson in the Front Range Walkers newsletter. Doc Tripp was a podiatrist practicing in the Sterling area in Northeast Colorado until 1971 when inoperable cancer ended his life. He was well-loved by athletes of all sorts, especially runners and racewalkers. In endeavoring to help promote athletics, he donated his valuable services to those athletes who needed advice or medical treatment. He also promoted racewalking as a superb, low injury, aerobic sport—unusual in the days when running was considered to be the best path to aerobic fitness. Floyd Godwin, Colorado's earliest national class racewalker, undoubtedly got into the sport because of Doc Tripp. Floyd was earlier a distance at Colorado University and a candidate for the marathon in the Olympic Trials in 1968. He did run the marathon in 2:20 and some seconds at sea level, but still did not qualify for Mexico City. He also set a Colorado high altitude marathon record of 2:28, which held for more than a decade. Then injuries started to slow Floyd in his runs. Doc Tripp told him that he ought to try racewalking until his leg injuries subsided. After learning the technique from various competitors who visited Colorado for some track meets, Floyd liked the feeling of the sport so much that he never returned to running. He noticed that he had a natural aptitude for racewalking. In 1971, saddened greatly by Doc Tripp's untimely demise, Floyd suggested to the small coterie of local racewalkers, including Chris Amoroso, Jerry Brown, Bill Weigle, Peter VanArsdale, and Carl Merschanz, that an annual race should be set up in Doc's honor and memory. They heartily agreed. The first race was held in August 1972 over a course in downtown Broomfield that was used over the years until 1990 when increased traffic forced moving to a safer course. Many elite walkers besides Floyd and others mentioned above have participated in this event over the years: Ron Laird, Gary Westerfield, Greg McGuire, Ray and Wendy Sharp, Marco Evoniuk, Viisha Sedlak, D.A. Walker, Dan Pierce, and Steve Pecinovsky among them. *(Ed. We might mention that from that original group of Colorado walkers that put the Tripp Memorial race together, Bill Weigle was on the 1972 Olympic team and 1973 World Cup team, Jerry Brown on the 1973 and 1975 World Cup teams, and Floyd Godwin on the 1973 World Cup team. Besides that, Karl Merschanz was Canada's top walker at the time. A rather elite group in one location. And Marco Evoniuk got his start in Colorado a few years later and went on to compete in three Olympics, two World Championships, and seven World Cups.)*

## Osaka Continued

We continue to get commentary on the 20 Km at the World Championships In Osaka, where a Jury of Appeals overruled the decision of Chief Judge Ron Daniel to disqualify silver-medalist Francisco Fernandez after his "run" to the finish line. Apparently

that was not all. We hear this from Jim Hanley:

While everyone is talking about the Osaka judging fiasco (and rightly so), there was some other equally disturbing officiating in all three racewalk events.

The officials were three for three in messing up the lap counts in the walking races. In the men's 20 Km, a German walker in fourth place was due to go into the stadium, but missed the turn and started to go an extra 2 Km loop. After about 30 meters, he was turned back and was directed into the stadium. Due to the heat and humidity, he collapsed just before the finish line and got a DNF. In the women's 20, walkers were to go 1700 meters on the track before exiting the stadium. The leaders started to leave after 2 laps and had to be redirected back onto the track. There was a lap counter with a flip sign at the exit point, but the lead pack did not appear to know about it. And in the 50 Km, the hometown hero—a Japanese walker—started to fade badly after being with the race leaders. The lap counters assumed that he was still with the leaders, so they ordered him back into the stadium one lap too soon resulting in another DNF.

Seiko chips were recording times for the walkers, but the officials who were assigned to direct the athletes back into the stadium were not getting the chip information and were simply using check marks to keep track of the laps.

The judging fiasco at Osaka reminds me of a similar incident.

There was an old rule that stated that the "decision of the racewalk judges is final and without appeal." This discontinued rule was put into the rule books after a US-USSR Meet in Berkeley, Cal. In the 1960s. A Soviet walker was disqualified. Then his team protested the DQ on the grounds that the purpose of the meet was to "promote friendship between the two nations." High-level AAU officials bought the ridiculous argument and overruled the Chief Judge's DQ.

As Bob Bowman wisely said, there was no judging controversy in Osaka until the Jury of Appeals got involved.

Many track and field people including coaches, agents, TV announcers, team managers, and even meet directors simply do not understand—or care to—how much bad officiating in racewalking events can hurt our sport.

In a reply to Jim, Ron Daniel, the party most closely involved in the Osaka controversy, commented:

You're right. There were three lap counting errors, but your details are a little off. The German walker was rerouted after he missed the turn into the stadium after less than 30 meters. Yes, he did collapse just as he was entering the stadium passage way. He had slowed to the point that he might have had trouble finishing in the top 10. But it should have never happened. In the women's race, there was a lap counter and flip sign at the apex of the turn where they were to begin the exit. No explanation as to why the lead woman missed the sign. The correction would have been to have marshals at that point to keep them from exiting. And in the 50, the Japanese walker was sixth at 45 Km, but by the time he was to go another lap, he had been lapped and they simply missed that and set him in. In my Final Report, I went into great detail about the lap counting errors.

When I went to the Japanese 20KM Championship in May, I recommended that they use your (meaning Jim's) lap counting system. Meet officials said they were relying on the Seiko lap timing off the transducer/chips. However, the officials by the stadium entrance (making check marks to count) were not receiving the Seiko information.

There have been many suggestions on how to change the Appeal process that was used. The most effective is to (1) change the criteria for 'obvious' from that of only having the walker change his gait from 'walking' to that of 'running'. From what I hear, the walkers in the World Junior Meet in Chile in 2000 actually broke into a run in the last straight (this is what instigated this rule). (2) That the Jury be able to use video that could clearly show the



ground contact or lack thereof. If there is no evidence to prove the judge wrong, then he can't be overruled. (3) Don't have anyone from the protesting Federation on the Jury or participating in the deliberation. (4) And have at least one member of the Racewalk Committee on the Jury. Maurizio Damilano, who saw the finish from across the track, is fully backing me.

## Kaniskina's Rewards Include New Apartment

by Yalina Kurdyumova and Sergey Porado for the IAAF

Russia's Olga Kaniskina, 22, the World 20 Km Racewalk champion in Osaka, Japan, and winner of the IAAF Racewalking Challenge Final in her home town of Saransk, already has her eyes set firmly on the Beijing Olympic Games next year. "I have got all reasons to be satisfied with my performance this season. I won the World Championship in Osaka and the Challenge Final, and I am quite happy with my result in Saransk," said Kaniskina.

"From the start, I led, together with my teammates Anisya Kornikova and Tatyana Shemyakina", she said. "Tatyana received two warnings, which made her slow down. From the very beginning it was clear that the main competition would be between me and Kornikova. She was very well prepared. I did not break away from her after the 16th Km mark as it could seem. She simply got two warnings and had to slow down and I slowed my pace too. The competition was strong and could be even stronger if it were not for the warnings from the judges. *(Ed. I would note that it is not really fair to blame the judges, rather the walkers bear the burden. Maybe that is what she intended and something is lost in translation.)* Nobody wanted to lose. Nothing held me back. I could probably walk faster, but it did not make sense. I just wanted to make my relatives, friends, and fans happy. I felt their support every minute."

Commenting on her support, Kaniskina said: "The Government created excellent conditions for different sports, especially in Saransk. Athletes can live and train in the facilities of the Center of Olympic Training in Racewalking. In addition, a new sports complex with an indoor track and field stadium and a wonderful racewalking course in the park area was opened recently."

She continued: "The help and support of my coach Vladimir Chegin plays the most important role in all my successful performances. He helps me to concentrate at the start and it works for me all through the race to the finish line. I shall never forget what he has done for me. In my opinion, the success of all Mordovian racewalkers would not have been possible without the guidance of a highly qualified team of coaches."

Asked about rewards, Kaniskina replied: "After the success of the athletes from Mordovia in Osaka, the head of the Mordovian Government, Nikolay Merkushev, decided to reward the prize winners. I got a two-bedroom apartment for winning the title and second place winners Tatyana Shemyakina and Darya Pishchaykova (discus) got one-bedroom apartments. Now we are looking forward to moving in at the end of this season and inviting friends to house-warming parties."

Asked about free-time activities, she replied: "I wish I had more free time for leisure. I like reading very much, especially old French authors. I am also a third year student of mathematics in the State University of Mordovia. Now I have fallen behind in my studies and need to devote more time to learning."

She concluded: "The Olympic Trials will come next, which I hope to get through successfully with minimal effort. I cannot predict who is going to be my main rival in Beijing."

All athletes train hard and arrive at such competitions at their best. So the surprise can come from anyone."

## Eastler At Osaka, Two Steps Closer To Beijing

by Tom Eastler (A proud father and long-time participant in, administrator of, and booster of our sport)

USAF Captain Kevin Eastler just returned from a very productive week of racing at the World Championships in Osaka, Japan. On Sunday 26 August he finished the 20 kilometer (12.4 mile) racewalk in 28th place in the world (1:28:29) under what can best be described as "brutal conditions". Six days later he tackled the longest endurance event in the Olympics, the 50 kilometer racewalk (31 miles+) where he finished 31st in the world (4:31:52), under equally extreme conditions of heat and humidity.

The World Championships in track and field is the most challenging of meets, even more so than the Olympics simply because a country is limited to racing only three athletes per race, and therefore the best in the world and lots of them are competing. Even so, at first glance it is difficult to imagine how a 28th place and 31st place finish could be construed as a "productive week." In the 20k, a race which Eastler is very good at but not training for this year, his 28th place was out of a starting list of 41 of the world's best walkers. Only 32 of the original 41 managed to finish the race; nine athletes were DQ'd. In spite of using this race as a workout/warm-up for the 50k race six days later, Eastler walked a reasonably fast time and was able to see how he fared in the world while only training for the 50k.

The 50k race had 59 starters and a total of 13 starters were disqualified and another 14 walkers dropped out of the race, some were carried away on stretchers. It is easy to see that Eastler's 31st place finish was "dead last" amongst the finishers...how could this be productive? Easy!! Imagine you had raced an easy workout-like 20k six days before, and that you were faced with a race more than twice that distance and with uncertain control over hydration and digestion for this long race. Also this was only your second ever 50k race, and that the next such race will be the Olympic Trials in Miami in February, 2008.

Now imagine that because you were trying a new and different hydration/digestion plan, that the new liquids you used were not compatible with your stomach, and that you were forced to stop to "throw up" three times and that you spent over 5 minutes on a "Port-a-Potty" which was beside the race course. In fact, imagine that you spent more than 15 minutes standing bent over of sitting on the course and not making any progress on the race course. This is the unfortunate role that Eastler had to play during this race, and consequentially his time and place were not what they should have been. Productive?? Yes!! The results of this race will go a long way to helping Eastler get the correct plan for hydration and digestion for his next 50k race, and we'll surely see a much faster and more accomplished 50k racer in 2008. Even still, being 28th and 31st in the world a year out from the Olympics, and having already qualified with an 'A' standard in the 20k and a 'B' standard in the 50k is not a bad place to be. Two more steps toward Beijing.

## LOOKING BACK

**45 Years Ago** (From the October 1962 American Race Walker published by Chris McCarthy)—In the European Championships, Great Britain's Ken Matthews prevailed at 20 Km in 1:35:55, with Germany's Hans-Georg Reimann (1:36:15) and the USSR's Vladimir Golubnichiy (1:36:38) following. At 50, Italy's Abdon Pamich was an easy winner in 4:18:47, as Grigor Panitschkin, USSR (4:24:36) and Don Thompson, GB (4:29:01) followed.

Interestingly, both winners repeated in the 1954 Olympics, and both bronze medalists had won gold at the 1960 Rom Olympics. . . Alex Oakley won the Canadian 50 Km title in 4:28:51 and two weeks later dropped down to Providence to win the U.S. 25 Km race in 2:03:14. Ron Laird (2:04:44) and John Allen (2:08:08) followed. Chris McCarthy began to show the form that would carry him onto the 1964 US Olympic team with a 4:49:22 50-km effort in Chicago.

**40 Years Ago** (From the October 1967 ORW)—In the fourth edition of the Lugano Cup (now World Cup), the U.S. fielded a team for the first time and finished sixth among eight teams, just 2 points back of Sweden. The event was held in Bad Saarow, East Germany. Ron Laird finished a close third in the 20 in 1:29:23 behind Soviets Nikolai Smaga and Vladimir Golubnichiy. With Christoph Hohne leading a 1,2,4 finish at 50 Km, the host nation won the team title over the Soviets. Others on the U.S. team, apparently the first U.S. athletes ever to compete in the German Democratic Republic, were Tom Dooley and Jack Mortland at 20, and Larry Young, Goetz Klopfer, and Jim Clinton at 50. Three-time Olympian Bruce MacDonald was the team manager. . . Laird prepared for the Lugano Cup race with a 1:59:18 in winning the National 25 Km in Seattle. Goetz Klopfer, Bill Ranney, and Jim Lopes took the next three spots to cop the team title for the Athens AC.

**35 Years Ago** (From the October 1972 ORW)—Larry Young, fresh from his bronze medal performance at the Munich Olympics, won the National 30 Km in Columbia, Missouri in 2:28:09 with Todd Scully 4 ½ minutes back. Floyd Godwin and Jerry Brown, in third and fourth place, led the Colorado TC to a one point win over the Motor City Striders in the team race. . Ben Knoppe won the Columbia, Mo 100 miler in 22:15:05.

**30 Years Ago** (From the October 1977 ORW)—Canada's Marcel Jobin was an easy winner of the National 30, again held in Columbia, with a 2:21:03. Augie Hirt was nearly 13 minutes back in second. . . Jeanne Bocci won the women's National 15 Km title in 1:15:07, with Susan Liers second in 1:16:56. . . Liers won the National 20 in 1:57:59 ahead of Eileen Smith's 2:01:26.

**25 Years Ago** (From the October 1982 ORW)—Ray Sharp survived a strong finish by Tom Edwards to win the National 40 Km in Monmouth, N.J.. Ray's 3:27:31 left him 46 seconds ahead of Edwards, who gained nearly 5 minutes in the final 10. Randy Mimm was another 3 ½ minutes back in third, well ahead of Mike Morris. . Ernesto Canto was an easy winner of the Alongi Memorial 20 Km in Detroit with a 1:24:59. His Mexican teammate, Felix Gomez, was second in 1:27:23. Tim Lewis edged Ray Sharp for third, with both given a 1:29:11. . Alan Price won the Columbia 100 miler for the fifth consecutive time, covering the distance in 19:43:51. Bob Chapin was 40 minutes back in second, with four others finishing under the 24-hour limit. . A 100 miler in England saw Mick Holmes winning in 17:21:52. In that one, there were 55 under 24 hours!

**20 Years Ago** (From the October 1987 ORW)—Dan O'Connor won the National 30, held in East Meadow, N.Y.. Dan finished in 2:21:52, leaving another Dan—Pierce—minutes 25 seconds behind. Ed O'Rourke followed in third, just 6 seconds ahead of Cliff Mimm. Cliff's father, Bob, had a very impressive 2:55:48 and was the first over-60 competitor to finish. . A week earlier, Nick Bdera had won the National 40 in Ft. Monmouth, N.J. (He was seventh in the 30). His 3:27:59 put him well clear of Dan Pierce, who finished in 3:29:53, nearly 10 minutes ahead of third placer, Steve Vaitones. . Carl Schueler scored an impressive win the the Alongi 20 Km, beating Italy's Sandro Bellucci, who had been sixth in the World Championship 50 Km earlier in the year (Carl was 16th in that one with a 3:57:30). Schueler

had 1:26:30 to Bellucci's 1:27:10. Columbia's Arnuricio Cortez (1:27:57) was third, ahead of Gary Morgan (1:28:03) and Steve Pecinovsky (1:28:31).

**15 Years Ago** (From the October 1992 ORW)—Italy's Giovanni Pericelli was an easy winner at the Alongi in 1:23:46. The field was spread out behind him—Alert Cruz, Mexico 1:24:42, Jonathan Matthews 1:25:40, Dorel Firica, Canada 1:26:39, Andrzej Chylinski 1:27:22, and Gary Morgan 1:29:42. Thw women's 10 went to Mexico's Francisca Martinez in 46:19, followed by Victoria Herazo (46:24) and Sara Standley (47:03). . . Mexicans were dominant in the Pan-Am Cup. Martinez and teammate Maria de la Lus Colin (47:27) were one-two in the 10 ahead of Herazo (47:42). They finished one-two-three in the men's 20—Bernardo Segura 1:24:09, Daniel Garcia 1:25:34, and Alberto Cruz 1:28:22—with Jonathan Matthews fifth for the U.S. (1:28:58). And they also swept the first three spots in the 50—German Sanchez, Miguel Rodriguez, and Carlos Mercenario all in 4:06:21. Andrzej Chylinski and Dave Marchese were seventh and eighth for the U.S. . . Nick Bdera scores another 40 Km win at Fort Monmouth, this time in 3:37:15.

**10 Years Ago** (From the October 1997 ORW)—Gary Morgan won the National 2 Hour title in Worcester, Mass, covering 24,616 meters to beat 59-year-old Dave Romansky by 2,002 meters. Gretchen Eastler-Fishman won the women's 1 Hour with 11,804 meters, beating 58-year-old Elton Richardson who had 9443. The top walkers stayed away in droves. . . At the Alongi Memorial Jonathan Matthews won a 10 Km race in 43:24, a U.S. masters record, with Gary Morgan second in 44:05. John Nunn won a Junior 10 in 44:55 and Emma Carter a women's 5 Km in 24:38. . . The World University Games 20 Km went to Russia's Ilya Markov in 1:25:36 with Mexico's Alejandro Lopez (1:26:00) in second and Italy's Arturo DiMezza (1:26:12) third. William Van Axen (1:32:59) and Tim Seaman (1:34:41) were 11th and 12th for the U.S. The women's 10 went to Larissa Ramazanova, Belarus, in 44:01.

**5 Years Ago** (From the Octoberr 2002 ORW)—The World Cup, held in Turin Italy, resulted in a Russian sweep—team titles in both men's and women's 20 and in the men's 50. Individually, they won only in the men's 50, where they took four of the five spots, but they finished 2,3,4 in the women's 20, and second and sixth in the men's 20. The women's race went to Italy's Erica Alfidi (1:28:55), followed by Russians Olimpiada Ivanova (1:28:57) and Nataly Fedoskina (1:28:59). Jefferson Perez, Ecuador won the men's 20 in 1:21:26 ahead of Vladimir Andreyev (1:21:50) and Mexico's Alejandro Lopez (1:22:01). For the U.S. Joanne Dow was 50th in 1:41:00, Kevin Eastler 31st in 1:28:18, and Philip Dunn 13th in a personal best 3:56:13. . . Two weeks earlier, Dunn had won the National 2 Hour covering 26,815 meters, 160 meters ahead of Curt Clausen, who had 140 meters on Kevin Eastler. Susan Armenta won the women's 1 Hour in 12,195 meters. . In Italy, Marco Giungi did 15 Km in 59:13 to beat Olympic Champion to be, Ivano Brugnetti by 6 seconds.

After our very hot summer, a few comments culled from the internet by Bob Carlson:  
It's so hot...

...the trees are whistling for the dogs  
...you learn that a seat belt makes a good branding iron  
...you realize that asphalt has a liquid state (which reminds me that Jack Blackburn walked out of his shoe, which was stuck in the asphalt, during a very hot 30 Km in Columbia, Mo.)  
...the potatoes cook underground so you just have to pull one out and add butter  
...the cows are giving evaporated milk  
...farmers are feeding their chickens crushed ice to keep them from laying hard-boiled eggs.